



MULRANNY PARK HOTEL

A real adventure awaits you...



www.MULRANNYPARKHOTEL.ie

Welcome...

...to the Mulranny Park Hotel's Activity Brochure. Each year we offer a choice of interesting, exciting activities and themed breaks. These are designed to make your stay with us even more memorable & enjoyable. We are delighted to be the only hotel located on the newly constructed Great Western Greenway which runs from Newport to Mulranny – an 18km cycle and walk-way. When fully completed, the Greenway will run from Westport to Achill. Travel the Greenway through woodlands, across rolling hills and over and under original railway bridges from the railway line dating from the late 1800s.

The Mulranny Park Hotel is the ideal location to base your adventure on this fantastic resource. Use the hotel as your base camp for a superb range of outdoor pursuits and activities all of which are located within touching distance. Come and sample the wide range of activities, set amidst a stunning backdrop of mountains, lakes and the rugged Atlantic coast. Whether your aim is to get away from it all, play a leisurely round of golf or really get stuck in, then we can make it happen. The Mulranny Park Hotel – the perfect base for your tailored activity break!



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Experience the great outdoors...

Cycling
Mulranny and the surrounding areas offer a breathtaking landscape of rugged coastal scenery and towering mountain peaks. Your options are unlimited when it comes to the great outdoors...

Walking
With coastal, loop, island and mountain walks on our doorstep you are spoilt for choice. The recently opened Great Western Greenway which runs 18km from Newport to Mulranny, finishes at the hotel. This is part of the original Westport to Achill railway line and can be used as a walk or cycle route.

Golf
Fantastic scenery, value for money and quality links courses – we have it all on our doorstep! Enjoy a golf break that combines the excitement of truly magnificent golf within some of the most beautiful and unspoilt landscapes in Europe. For something a little less taxing there is a fantastic 9 hole course only minutes from the front door.

Cycling
Whether you are a novice or experienced cyclist it would be hard to find a more beautiful part of Ireland to explore. Don't worry about bringing your own bikes – we can arrange bike hire and have them here for your enjoyment. If you do decide to bring your own, we can offer secure bicycle storage. Wherever you choose to go, you will enjoy a great variety of routes and breathtaking views along the way. Explore Mulranny and the surrounding area along the Great Western Greenway – an adventure you will always remember or head to Achill Island with its spectacular rugged beauty.

Horseriding
There's nothing like trekking in the Mayo countryside or galloping across one of Achill's stunning beaches. We can also organise pony trekking for kids – an experience they won't soon forget!



Take to the waters...

Sea Kayaking

Our kayaking activity is graded 'Easy' and is suitable for those with little or no previous sea-kayaking experience. But don't worry – you'll still enjoy some superb kayaking on the ocean. This is suitable for kids and adults.

Canoeing

A superb way to discover and explore the waters of Mulranny, again suitable for those with little or no previous experience. We operate from the hotel so your family can watch you from the sun terrace, Waterfront Bar or from the Causeway that reaches out into the sea.

Surfing

As surfing is one of the fastest growing sports in Ireland, many people are taking advantage of Achill's superb Atlantic breakers to surf for the first time. We will organise lessons for kids & adults alike or just hire a board & off you go!

Windsurfing

Learn to windsurf in as little as 60 minutes! We can organise beginner lessons at Keel Lake or if you're brave enough you can try windsurfing off one of Achill's five Blue Flag beaches.

Explore Clew Bay

Take a boat trip & experience the dramatic coastline of Clew Bay & its islands. Discover seal colonies & try your luck fishing during this 2 1/2 hour trip. Perfect for adults & kids alike.

Fishing

Clew Bay offers all-weather fishing amongst its 365 drumlin islands. Options include reef fishing off Clare Island & Achill Island for Mackerel, Pollack, Whiting, Coalfish, Haddock, Pouting, Red, Cod, Turbot, Conger, John Dory and many more species. Go shark-fishing in August and September off Achill & Clare Island. Organised fishing charters are available and suitable equipment may be hired. Bring back your haul and enjoy it in the Nephin Restaurant or Waterfront Bar!



Life begins at 50

It really does! Stay with us for a 5 night break from Sunday to Thursday on our Golden Years Package with daily activities at no extra cost – designed to make your stay with us even more enjoyable.

Included in our package is:

- Transport to & from Westport train station
- Tours to Achill Island, Westport and other areas of local historic interest
- Complimentary use of our leisure facilities including our outdoor hot tub
- Exercise and water classes including aqua aerobics
- Film Nights, table quiz, entertainment
- Cookery & Beauty Demonstrations
- Painting Week (Additional cost)
- Complimentary Tea & Coffee on arrival

You could also join in our many other outdoor activities. Other packages are available for 2, 3 and 4 night stays (nominal charge for transport & tours)



Festivals & Events

- Mulranny Park Hotel Walking Weekends
- St Patrick's Day pipe band festival in Achill – 17th March
- Croagh Patrick Heritage festival in March
- Achill St Patrick's Day Walking Festival in March
- Féile Siúlóidí Acla / Achill Walks Festival in March
- Castlebar International 4 day walking festival in July
- Achill Half Marathon – First weekend in July

- Achill Seafood Festival – Mid July
- Gaelforce West Adventure Race
- Mulranny Park Hotel Cup, Achill Yawl Sailing Festival in August
- Achill Roar Adventure Race – Second weekend in September
- Christmas Concerts
- Westport Christmas walking festival

The Possibilities...

Why not give us a call and discuss your requirements? We are more than happy to put together a package to get you excited! Whatever the size of your group – we have the accommodation packages and activity options to make the most of your time.

We can cater for school groups, college field study trips, training or corporate activity packages. The variety of adventure options that are right on our doorstep mean we can certainly tailor a package for you.

Location, Location, Location... The stunning view, the amazing food - its hard to find better than this. We specialise in weddings, family reunions, residential conferences and events. Pick up the phone and talk to us... you'll be glad you did.

Big Entertainment Nights!

Live concerts with big name acts... keep an eye on: www.mulrannyparkhotel.ie for further information and dates.

For Kids...

The Wild Woolies Kids Club caters for kids from 3 - 12 and provides a range of entertainment and activities. The Kids Club leaders entertain the children in a safe and supervised environment. Wild Woolies is free of charge, however extra activities such as surfing, canoeing, etc have a charge attached. Wild Woolies Club is available in midweek in high season and in the low season during school holidays.



Activities include:

Music & Dance	Computer Games	Kid's Teas
Arts & Crafts	Sport	Table Tennis
Painting	Swimming	Pool
Quiz	Beach Games	
Movie Nights	Walking on the Greenway	

Activities with an additional charge:

Fishing	Wind Sailing	Surfing
Cycling	Canoeing	



Well Being...

Join our team for advice and tips on nutrition, diet & weight loss during one of our Well being Breaks. Enjoy a personal training session with one of our personal fitness instructors. Let them take you through your paces as they explain the importance of exercise and help put you on the right track for a healthier, fitter you. Classes & Demonstrations include: * Yoga * Pilates * Aqua Aerobics * Exercise to music * Easy Slim classes * Circuit training * Beauty & hair demonstrations. See our website www.mulrannyparkhotel.ie for dates and more details.



Mulranny Park Hotel

The Mulranny Park Hotel is an exquisite 4 star hotel nestled within a beautiful woodland estate in the village of Mulranny, Co Mayo. Perched above the glittering waters of the Atlantic Ocean, the hotel exudes not just old world charm and elegance but offers every visitor the warmest of welcomes.

Dining

Fine dining and quality cuisine is at the heart of the Mulranny Park Hotel. The Nephin Restaurant offers the very best in fresh local produce skillfully prepared by our expert chefs, all in a beautiful, spacious, dining room whose ambiance is illuminated by the dramatic views through its bay windows. In the Water-front Bar you can enjoy hearty soups, fresh homemade dishes, delicious salads, catch of the day and tasty specials.

Leisure

The magic of the Mulranny Park Hotel is that you don't even have to leave the grounds to achieve the rejuvenation you've been looking for. Submerge yourself in the 20 metre swimming pool and enjoy the jacuzzi, sauna, steam room, plunge pool, outdoor Canadian hot tub and fully equipped gymnasium.

Accommodation

Rooms have been designed for exceptional comfort & relaxation. There is a choice of 41 rooms & 20 2 bedroom suites with spacious bathrooms, beverage tray, Tv and Internet access.



Getting Here

By Road

Mulranny – Westport: 25 minutes
 Mulranny – Castlebar: 30 minutes
 Mulranny – Galway: 90 minutes

By Rail

Train to Westport or Castlebar stations

By Air

Ireland West Airport Knock

Transfers can be organised from the airport or train stations

A haven of activities on our doorstep

- Walking
- Cycling
- Horserying
- Canoeing/Kayaking
- Windsurfing
- Sailing
- Surfing
- Blue Flag Beaches
- Historical Monuments
- Golf
- Woodland
- Mountain Ranges
- Sea/Fresh Water Fishing
- Deep Sea Fishing (Sailing Points)
- Seal, Porpoise and Whale Watching

Key locations on the map include: Achill Island, Clew Bay, Mulranny Park Hotel, Westport, Galway, and the N59 road. Distances are noted: Newport - Castlebar 18km, Westport - Galway 80km.



MULRANNY PARK
HOTEL



Where the land meets the sea

www.MULRANNYPARKHOTEL.ie

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