

# CLASS SCHEDULE

TIME	MON	TUE	WED	THURS	FRI
10 AM	AQUA 45 MINS		AQUA 45 MINS		AQUA 45 MINS
11:30 AM	PILATES 45 MINS				PILATES 45 MINS
1.30PM		LUNCHTIME BLAST 30 MINS	LUNCHTIME BLAST 30 MINS		
7 PM		AQUA 30 MINS			
7:45 PM		CIRCUITS 30 MINS			