



GUEST ACTIVITIES

MAY / JUNE / JULY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	<p>AQUA AEROBICS 10 AM</p> <p>Leisure Centre</p>		<p>AQUA AEROBICS 10 AM</p> <p>Leisure Centre</p>	
	<p>PILATES 11.30AM</p> <p>The Ross Suite</p>	<p>MULRANNY CULTURE & HISTORY TALK 12pm</p> <p>The Carrowmore Suite</p>		<p>IRISH COFFEE DEMO 2PM</p> <p>The Westbound</p>
<p>WINE TASTING 4PM</p> <p>The Carrowmore Suite</p>			<p>LIVE MUSIC 9PM</p> <p>The Westbound</p>	